

March 2018 Life Enrichment Program Schedule: Assisted Living

All activities are subject to change with notice

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LOCATION & PROGRAM KEY (CR) Conference Room (AH) Assembly Hall (DR-1) Day Room, 1st floor (DR-2) Day Room, 2nd floor (LL) Lower Level (LIB) Library (LNG) Lounge (BA) Bridge Area Special programs in bold	Scenic Rides: Available on a rotating schedule					
				1 10:00 AM Gift Shop (LL) 10:30 AM Menu Meeting (LIB) 11:15 AM Catholic Communion (AH) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 3:30 PM Happy Hour with Rearview Mirror (LNG)	2 10:00 AM Gift Shop (LL) 10:30 AM Musical Trivia with Jerry Roman (LNG) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Netflix Original Series: Grace & Frankie & Popcorn: (LIB) 2:30 PM Bingo for Cash (CR) 3:30 PM Tea Social & Trivia with Debbie (DR-1) Shopping Day	3 10:00 AM Total Fitness with Jalisa (LL) 10:30 AM Mind Joggers with Jalisa (DR-1) 11:30 AM Balloon Volley & Music with Jalisa (DR-2) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1)
4 10:00 AM Worship Program (Joel Osteen) (DR-1) 10:00 AM Range of Motion & Music with Joy (DR-2) 10:45 AM Faith through Music with Jerry Roman (AH) 2:00 PM Metropolitan Worship Service & Communion (AH) 3:30 PM Tea Social & Internet Travels with Joy (DR-1)	5 10:00 AM Gift Shop (LL) 10:30 AM Current Events with Lenore (LIB) 11:45 AM Range of Motion with Debbie (LL) 3:00 PM Netflix Original: Stranger Things (LIB) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	6 10:00 AM Gift Shop (LL) 10:30 AM Manicures with Debbie (BA) 11:45 AM Total Fitness Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 3:30 PM Ice Cream Social & Music (LNG) 3:30 PM Book Club Meets (LIB)	7 10:00 AM Gift Shop & Deli (LL) 10:30 AM Robert Jenner Lecture: The Quakers (DR-1) 11:45 AM Total Fitness with Debbie (LL) 2:30 PM Music & Memories with Donna Devall (LNG) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	8 10:00 AM Gift Shop (LL) 10:30 AM Roy Justice History & Music (LNG) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:30 PM Life Enrichment Meeting (LIB) 3:30 PM Happy Hour with Pianist Jerry Roman (LNG)	9 10:00 AM Gift Shop (LL) 10:30 AM Pastries, Coffee & Reminiscing with Debbie in the Deli & Gift Shop 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Netflix Original Series: Grace & Frankie & Popcorn: (LIB) 2:30 PM Catholic Mass (AH) 3:30 PM Tea Social & Trivia with Debbie (DR-1) Shopping Day	10 10:00 AM Total Fitness with Jalisa (LL) 11:00 AM Interactive Music Circle with District Music Academy (DR-1) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1)
11 10:00 AM Worship Program (Joel Osteen) (DR-1) 10:00 AM Range of Motion & Music with Joy (DR-2) 10:45 AM Faith through Music with Jerry Roman (AH) 2:00 PM Bingo for Cash with Joy (CR) 3:30 PM Forte Flutes (AH) Daylight Savings Begins	12 10:00 AM Gift Shop (LL) 10:30 AM Current Events with Lenore (LIB) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Joy (CR) 3:00 PM Netflix Original: Stranger Things (LIB) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	13 10:00 AM Gift Shop (LL) 10:30 AM Manicures with Debbie (BA) 11:45 AM Total Fitness Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 3:00 PM Town Hall Meeting (CR) 3:30 PM Ice Cream Social & Music (LNG) American Health Care Association Day of Service	14 10:00 AM Gift Shop & Deli (LL) 10:30 AM Editorials & Discussion with Lenore (New York Times) (LIB) 11:45 AM Total Fitness with Debbie (LL) 2:30 PM Bingo for Cash (DR-1) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	15 10:00 AM Gift Shop Open (LL) 10:30 AM Music Appreciation with District Music Academy (LIB) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:30 PM Catholic Communion (AH) 3:30 PM Armchair Travels & Tea with Debbie (LIB) 3:30 PM Afternoon Stretch with Jalisa (DR-1)	16 10:00 AM Gift Shop (LL) 10:30 AM Pastries, Coffee & Reminiscing with Debbie in the Deli & Gift Shop 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Netflix Original Series: Grace & Frankie & Popcorn: (LIB) 2:30 PM Bingo for Cash (CR) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	17 10:30 AM Broadway Classics & More with Bertram McLeish (LNG) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1) St Patrick's Day
18 10:00 AM Worship Program (Joel Osteen) (DR-1) 10:00 AM Range of Motion & Music with Joy (DR-2) 10:45 AM Faith through Music with Wendell Bunyan (AH) 2:00 PM Bingo for Cash with Joy (CR) 3:30 PM Tea Social & Trivia with Joy (DR-1)	19 10:00 AM Gift Shop (LL) 10:30 AM Art Lecture with Joey Manlapaz (LIB) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Joy (CR) 3:00 PM Netflix Original: Stranger Things (LIB) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	20 10:00 AM Gift Shop (LL) 10:30 AM Manicures with Debbie (BA) 11:45 AM Total Fitness Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 3:30 PM Ice Cream Social & Music (LNG) 3:30 PM Book Club Meets (LIB)	21 10:00 AM Gift Shop & Deli (LL) 10:30 AM Editorials & Discussion with Lenore (New York Times) (LIB) 2:30 PM Music & Memories with Donna Devall (LNG) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	22 10:00 AM Gift Shop Open (LL) 10:30 AM Robert Jenner Lecture: The Gilded Age (DR-1) 11:15 AM Catholic Communion (AH) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 3:00 PM Armchair Travels & Tea with Debbie (LIB) 3:30 PM Afternoon Stretch with Jalisa (DR-1)	23 10:00 AM Gift Shop (LL) 10:30 AM Pastries, Coffee & Reminiscing with Debbie in the Deli & Gift Shop 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Netflix Original Series: Grace & Frankie & Popcorn: (LIB) 2:30 PM Bingo for Cash (CR) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	24 10:00 AM Total Fitness with Jalisa (LL) 11:00 AM Interactive Music Circle with District Music Academy (DR-2) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1)
25 10:00 AM Worship Program (Joel Osteen) (DR-1) 10:00 AM Range of Motion & Music with Joy (DR-2) 10:45 AM Faith through Music with Wendell Bunyan (AH) 2:00 PM Bingo for Cash with Joy (CR) 3:30 PM Tea Social & Trivia with Joy (DR-1) Palm Sunday	26 10:00 AM Gift Shop (LL) 10:30 AM Art Workshop with Joey Manlapaz (AH) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Joy (CR) 3:00 PM Netflix Original: Stranger Things (LIB) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	27 10:00 AM Gift Shop (LL) 10:30 AM Music & Memories with Bertram McLeish (LNG) 11:45 AM Total Fitness Debbie (LL) 3:30 PM Ice Cream Social & Music (LNG)	28 10:00 AM Gift Shop & Deli (LL) 10:30 AM Editorials & Discussion with Lenore (New York Times) (LIB) 11:45 AM Total Fitness with Debbie (LL) 2:30 PM Bingo for Cash (DR-1) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	29 10:00 AM Gift Shop Open (LL) 10:30 AM Movie & Popcorn: Oscar Nominated, Wonder (LIB) 11:15 AM Catholic Communion (AH) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 3:30 PM Happy Hour and Classic Motown Tunes with Chyp & Andi (LNG)	30 10:00 AM Gift Shop (LL) 10:30 AM Pastries, Coffee & Reminiscing with Debbie in the Deli & Gift Shop 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Movie & Popcorn: Son of God (LIB) 2:30 PM Bingo for Cash (CR) 3:30 PM Tea Social & Trivia with Debbie (DR-1) Good Friday	31 10:00 AM Total Fitness with Jalisa (LL) 10:30 AM Mind Joggers with Jalisa (DR-1) 11:30 AM Balloon Volley & Music with Jalisa (DR-2) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1)

March 2018 Life Enrichment Program Schedule: Health Care Center

All activities are subject to change with notice

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LOCATION & PROGRAM KEY (CR) Conference Room (AH) Assembly Hall (DR-1) Day Room, 1st floor (DR-2) Day Room, 2nd floor (LL) Lower Level (LIB) Library (LNG) Lounge (BA) Bridge Area Special programs in bold		Scenic Rides: Available on a rotating schedule Structured Room Visits: Take place daily Time depending on resident's preference		1 10:00 AM Gift Shop (LL) 10:15 AM Range of Motion (DR-1&2) 10:30 AM Menu Meeting (LIB) 10:45 AM Watercolors & Music with Jalisa & Latifah (DR-1&2) 11:15 AM Catholic Communion (AH) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:00 PM Balloon Volley with Latifah (DR-2) 3:30 PM Happy Hour with Rearview Mirror (LNG)	2 10:00 AM Gift Shop (LL) 10:30 AM Musical Trivia with Jerry Roman (LNG) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Netflix Original Series: Grace & Frankie & Popcorn (LIB) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Tea Social & Trivia with Debbie (DR-1) Shopping Day	3 10:00 AM Total Fitness with Jalisa (LL) 10:30 AM Mind Joggers with Jalisa (DR-1) 11:30 AM Balloon Volley & Music with Jalisa (DR-2) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1)
4 10:00 AM Worship Program (Joel Osteen) (DR-1) 10:00 AM Range of Motion & Music with Joy (DR-2) 10:45 AM Faith through Music with Jerry Roman (AH) 2:00 PM Metropolitan Worship Service & Communion (AH) 3:30 PM Tea Social & Internet Travels with Joy (DR-1)	5 10:00 AM Gift Shop (LL) 10:30 AM Current Events with Lenore (LIB) 10:30 AM Mind Joggers with Debbie (DR-1) 11:45 AM Range of Motion with Debbie (LL) 2:00 PM Resident Council (CR) 3:00 PM Netflix Original: Stranger Things (LIB) 3:30 PM Tea Social & Brain Teasers with Debbie (DR-1)	6 10:00 AM Gift Shop (LL) 10:15 AM Range of Motion (DR-1&2) 10:30 AM Manicures with Debbie (BA) 10:45 AM Armchair Travels with Jalisa (DR-1) 10:45 AM Watercolors & Sing Along Songs with Joy (DR-2) 11:45 AM Total Fitness Debbie (LL) 2:00 PM Manicures & Music with Joy (DR-2) 3:30 PM Ice Cream Social & Music (LNG)	7 10:00 AM Gift Shop & Deli (LL) 10:30 AM Robert Jenner Lecture: The Quakers (DR-1) 10:30 AM Range of Motion, Music & Balloon Volley with Latifah (DR-2) 11:45 AM Total Fitness with Debbie (LL) 2:30 PM Music & Memories with Donna Devall (LNG) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	8 10:00 AM Gift Shop (LL) 10:30 AM Roy Justice History & Music (LNG) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:00 PM Balloon Volley with Joy (DR-2) 2:30 PM Life Enrichment Meeting (LIB) 3:30 PM Happy Hour with Pianist Jerry Roman (LNG)	9 10:00 AM Gift Shop (LL) 10:30 AM Range of Motion (DR-1) 10:30 AM Pastries, Coffee & Reminiscing with Debbie in the Deli & Gift Shop 11:30 AM Internet Brain Teasers with Jalisa (DR-1) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Netflix Original Series: Grace & Frankie & Popcorn (LIB) 2:30 PM Catholic Mass (AH) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	10 10:00 AM Total Fitness with Jalisa (LL) 10:30 AM Interactive Music Circle with District Music Academy (AH) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1)
11 10:00 AM Worship Program (Joel Osteen) (DR-1) 10:00 AM Range of Motion & Music with Joy (DR-2) 10:45 AM Faith through Music with Jerry Roman (AH) 2:00 PM Bingo for Cash with Joy (CR) 3:30 PM Forte Flutes (AH) Daylight Savings Begins	12 10:00 AM Gift Shop (LL) 10:30 AM Current Events with Lenore (LIB) 10:30 AM Mind Joggers with Joy (DR-1) 11:15 AM Range of Motion & Balloon Volley with Joy (DR-2) 11:45 AM Range of Motion with Debbie (LL) 3:00 PM Netflix Original: Stranger Things (LIB) 2:00 PM Bingo with Joy (DR-2) 3:30 PM Tea Social & Brain Teasers with Debbie (DR-1)	13 10:00 AM Gift Shop (LL) 10:15 AM Range of Motion (DR-1&2) 10:30 AM Manicures with Debbie (BA) 10:45 AM Armchair Travels with Jalisa (DR-1) 10:45 AM Watercolors & Sing Along Songs with Joy (DR-2) 11:45 AM Total Fitness Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 3:30 PM Ice Cream Social & Music (LNG) 3:30 PM Book Club Meets (LIB) American Health Care Association Day of Service	14 10:00 AM Gift Shop & Deli (LL) 10:15 AM Range of Motion & Music (DR-1&2) 10:30 AM Editorials & Discussion with Lenore (New York Times) (LIB) 10:45 AM Complete the Saying with Jalisa (DR-1) 10:45 AM Small Group Projects with Joy (DR-2) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Life in Pictures with Latifah (DR-2) 2:30 PM Bingo for Cash (DR-1) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	15 10:00 AM Gift Shop Open (LL) 10:30 AM Music Appreciation with District Music Academy (LIB) 10:45 AM Watercolors & Music with Jalisa & Latifah (DR-1&2) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:30 PM Catholic Communion (AH) 3:30 PM Armchair Travels & Tea with Debbie (LIB) 3:30 PM Afternoon Stretch with Jalisa (DR-1)	16 10:00 AM Gift Shop (LL) 10:30 AM Pastries, Coffee & Reminiscing with Debbie in the Deli & Gift Shop 10:30 AM Range of Motion with Jalisa (DR-1) 11:30 AM Internet Brain Teasers (DR-1) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Netflix Original Series: Grace & Frankie & Popcorn (LIB) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Tea Social & Trivia with Debbie (DR-1) Shopping Day	17 10:30 AM Broadway Classics & More with Bertram McLeish (LNG) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1) St Patrick's Day
18 10:00 AM Worship Program (Joel Osteen) (DR-1) 10:00 AM Range of Motion & Music with Joy (DR-2) 10:45 AM Faith through Music with Wendell Bunyan (AH) 2:00 PM Bingo for Cash with Joy (CR) 3:30 PM Tea Social & Trivia with Joy (DR-1)	19 10:00 AM Gift Shop (LL) 10:30 AM Art Lecture with Joey Manlapaz (LIB) 10:30 AM Mind Joggers with Joy (DR-1) 11:15 AM Range of Motion & Balloon Volley with Joy (DR-2) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Joy (CR) 3:00 PM Netflix Original: Stranger Things (LIB) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	20 10:00 AM Gift Shop (LL) 10:15 AM Range of Motion (DR-1) 10:30 AM Manicures with Debbie (BA) 10:45 AM Armchair Travels with Jalisa (DR-1) 10:45 AM Watercolors & Sing Along Songs with Joy (DR-2) 11:45 AM Total Fitness Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:00 PM Manicures & Music with Joy (DR-2) 3:30 PM Ice Cream Social & Music (LNG)	21 10:00 AM Gift Shop & Deli (LL) 10:15 AM Range of Motion & Music (DR-1&2) 10:30 AM Editorials & Discussion with Lenore (New York Times) (LIB) 10:45 AM Complete the Saying with Jalisa (DR-1) 10:45 AM Small Group Projects with Joy (DR-2) 11:45 AM Total Fitness with Debbie (LL) 2:30 PM Music & Memories with Donna Devall (LNG) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	22 10:00 AM Gift Shop Open (LL) 10:30 AM Robert Jenner Lecture: The Gilded Age (DR-1) 10:30 AM Small Group Projects (DR-2) 11:15 AM Catholic Communion (AH) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:00 PM One on One with Joy (DR-2) 3:00 PM Armchair Travels & Tea with Debbie (LIB) 3:30 PM Afternoon Stretch with Jalisa (DR-1)	23 10:00 AM Gift Shop (LL) 10:30 AM Pastries, Coffee & Reminiscing with Debbie in the Deli & Gift Shop 10:30 AM Range of Motion with Jalisa (DR-1) 11:30 AM Internet Brain Teasers (DR-1) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Netflix Original Series: Grace & Frankie & Popcorn (LIB) 2:30 PM Bingo for Cash (CR) 3:30 PM Tea Social & Trivia with Debbie (DR-1) Shopping Day	24 10:00 AM Total Fitness with Jalisa (LL) 10:30 AM Interactive Music Circle with District Music Academy (AH) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1)
25 10:00 AM Worship Program (Joel Osteen) (DR-1) 10:00 AM Range of Motion & Music with Joy (DR-2) 10:45 AM Faith through Music with Wendell Bunyan (AH) 2:00 PM Bingo for Cash with Joy (CR) 3:30 PM Tea Social & Trivia with Joy (DR-1) Palm Sunday	26 10:00 AM Gift Shop (LL) 10:30 AM Art Workshop with Joey Manlapaz (AH) 10:30 AM Mind Joggers with Joy (DR-1) 11:15 AM Range of Motion & Balloon Volley with Joy (DR-2) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Joy (CR) 3:00 PM Netflix Original: Stranger Things (LIB) 3:30 PM Tea Social & Trivia with Debbie (DR-1)	27 10:00 AM Gift Shop (LL) 10:30 AM Music & Memories with Bertram McLeish (LNG) 10:30 AM One on One Interactions with Jalisa 11:45 AM Total Fitness Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:00 PM Manicures with Joy (DR-2) 3:30 PM Ice Cream Social & Music (LNG)	28 10:00 AM Gift Shop & Deli (LL) 10:15 AM Range of Motion & Music (DR-1&2) 10:30 AM Editorials & Discussion with Lenore (New York Times) (LIB) 10:45 AM Complete the Saying with Jalisa (DR-1) 10:45 AM Small Group Projects with Latifah (DR-2) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Life in Pictures with Joy (DR-2) 2:30 PM Bingo for Cash (DR-1) 3:30 PM Tea Social & Brain Teasers with Debbie (LIB)	29 10:00 AM Gift Shop Open (LL) 10:30 AM Movie & Popcorn: Oscar Nominated, Wonder (LIB) 10:30 AM Small Group Projects (DR-2) 11:15 AM Catholic Communion (AH) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Bingo for Cash with Jalisa (CR) 2:00 PM One on One with Joy (DR-2) 3:30 PM Happy Hour and Classic Motown Tunes with Chyp & Andi (LNG)	30 10:00 AM Gift Shop (LL) 10:30 AM Pie and Coffee in the Deli & Gift Shop 10:30 AM Range of Motion with Jalisa (DR-1) 11:30 AM Internet Brain Teasers (DR-1) 11:45 AM Total Fitness with Debbie (LL) 2:00 PM Movie & Popcorn: Son of God (LIB) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Tea Social & Trivia with Debbie (DR-1) Shopping Day Good Friday	31 10:00 AM Total Fitness with Jalisa (LL) 10:30 AM Interactive Music Circle with District Music Academy (AH) 2:30 PM Bingo for Cash with Jalisa (CR) 3:30 PM Brain Teasers & Tea with Jalisa (DR-1)